

<http://foodforpeople.org/programs/free-farmers-market-style-produce-distributions>

Free Farmers' Market-Style Produce Distributions

Looking for help?

We host seasonal free farmers' markets at 4 locations monthly, May through October. This includes Eureka (here at Food for People), Fortuna, Garberville and Redway. Please try to bring your own bags.

Free Produce Distribution Schedule (May-October 2016)

Food for People	Fortuna	Garberville	Redway Baptist
307 W. 14th St., Eureka	Community Services 2331 Rohnerville Rd.	Presbyterian Church 437 Maple Ln.	Church 553 Redway Dr.
3rd Thursdays 12- 2pm	3rd Wednesdays 11:30am- 1:30pm	2nd Tuesdays 10:30am- 12:00pm	2nd Tuesdays 12:30- 1:30pm
May 19th	May 18th	May 10th	May 10th
June 16th	June 15th	June 14th	June 14th
July 21st	July 20th	July 12th	July 12th
August 18th	August 17th	August 9th	August 9th
September 15th	September 21st	September 13th	September 13th
October 20th	October 19th	October 11th	October 11th

More About Our Free Produce Distributions

Food for People sponsors four locations of free farmers' market-style produce distributions throughout Humboldt County from May through October. This program is available thanks to partnerships with California Association of Food Banks' [Farm to Family](#) program, [Foodlink](#), and thanks to funding through the St. Joseph Health Care for the Poor Grant that offset costs. Farm to

Family supplies Food for People and other California food banks with fresh produce directly from the fields of the Central Valley. (View an informative video about the state-wide Farm to Family program at the bottom of this page.) Along with locally grown and freshly gleaned fruits and vegetables from Humboldt County, we are able to host a monthly, free outdoor produce market, the People's Produce Market, at the food bank in Eureka, and sponsor sites monthly in Fortuna, Garberville and Redway, to ensure that all of our neighbors have equitable access to the nutritious, seasonal fresh produce we all need for good health.

Our Nutrition Education staff is available at each market to answer questions about nutrition or cooking with the fresh produce available and to provide free healthy recipes and taste tests of recipes using fresh fruits and vegetables. We also have information about CalFresh, and our Outreach staff can help interested households apply for the program. CalFresh is a nutrition assistance program that helps income-eligible households afford to purchase healthy food. CalFresh benefits can also be spent at local farmers' markets on food and plants and seeds that produce food. To learn more about CalFresh, [click here](#) to visit our CalFresh Outreach page.